



RAMONA MIDDLE SCHOOL

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Message from the Assistant Principals:

Encourage Cyber-Safety

On May 23, 2013, a 12 year old girl in Queens, New York was cyber-bullied into committing suicide by hanging herself in her bedroom; NY Times, "12 year old girl's suicide points to rise in Apps used by cyber-bullies", October 12, 2013.

Get to Know the technology your teen is using and the websites he she visits. If possible keep the computer in a common area in your home. There are basic safety rules that we can encourage our teen to follow:

- Don't share personal information online
- Don't share passwords
- Don't get together with someone you meet online
- Don't send anything in a message you wouldn't say face to face
- Don't text or chat on the phone while driving

Talk to your parent or a trusted adult if an interaction or message makes you uncomfortable