

Ready to get healthy? Let's do it as a community!


La Verne / San Dimas

Free Community Weigh-In Event!

Wednesday, February 22 ★ 5 – 8 p.m.

Lone Hill Middle School - 700 South Lone Hill Avenue, San Dimas CA



- ★ Register and weigh in for the first Bonita Unified Lighten Up SGV! challenge ★
- ★ Kids (ages 11* & up) and family teams with younger children welcome! ★
 - ★ FREE blood pressure and body fat screenings ★
 - ★ FREE giveaways & door prizes ★
 - ★ Healthy tips for kids provided by a pediatrician ★

Brought to you by:



Call (888) 456-2847 To RSVP

www.lightenupsgv.com

*Parental consent required for participants under 18